



# The Adventurer



Weekly News About the Programs of Senior Connections' Mack Love Building

## Adventures In Learning

We hope everyone enjoyed their Memorial Day holiday and was able to spend time with those that you love and make you most happy. Perhaps you took a trip to visit a memorial to pay homage to those that have served our country, or are now serving. Perhaps you enjoyed a wonderful cookout at a park or in your backyard. However, you spent it, we hope it was special.

### Terrific Thursdays

We have added some exciting new twists for Terrific Thursdays this Summer and Fall. Along with all of our terrific regulars, we are adding some new classes to spice things up a bit. We will continue to have Woodcarving, Quilting, Oil Painting, Mah Jong, Bridge, Canasta, Wii Sports and Information, Please, and our lunch program. However, we have also added these stars to our lineup:

Beginning French, Health & Wellness Topics, Photography for Seniors, Chair Aerobics and Beginning Line Dancing. These classes are in addition to the regular Terrific Thursdays program. A person does not need to be a member of Terrific Thursdays to enroll for these classes. Tuition for these classes is separate from the standard enrollment fee for Terrific Thursdays. We are making a special offer to those enrolling for Terrific Thursdays-if

you are interested in taking any of the other classes being offered on Thursday, you will receive a 50% discount off of the enrollment fee for that class.

### Thank You, Commissioner Rader!

Our sincere thanks to Commissioner Jeff Rader for taking time out of his busy schedule to spend some time with us at last week's pot luck luncheon. He spent a great deal of time updating us on what is happening in our area and in DeKalb County in general. As always, we appreciate the visits from Commissioner Rader and look forward to him returning in the near future.

### Opening Available for June Beltline Tour

There is still one opening left for the trip on June 24. Someone had to cancel, and here's your chance. So if you want to go, don't delay and call to get that last spot today!

### Summer/Fall Catalogs Are Here!

The Summer/Fall catalogs were put in the mail last week. You should be receiving yours shortly, if you haven't already.

**Mack Love Building**  
*Living and Learning for Life!*  
 1340 McConnell Drive  
 Decatur, GA 30033  
 404-321-6960  
[www.seniorconnectionsatl.org](http://www.seniorconnectionsatl.org)

Senior Connections' mission is to maximize independence for seniors through advocacy, information and services.

The catalog is also available online if you prefer to enroll in your favorite classes via the computer. The website is [www.seniorconnectionsatl.org](http://www.seniorconnectionsatl.org). If you have any questions, feel free to give us a call.

### Summer Open House, June 25

Mark your calendar and remember the date—Summer Open House, June 25 at the Mack Love Building! Join us from 11:00 am—3:00 pm for a day of fun and information. This is our first time having Open House on a Saturday, and as always, we are open to everyone 50 and over attending, especially if they have never had the opportunity to experience the Mack Love Building. Bring your friends and family. Introduce them to the special

*(con't on page 2)*



### The Harmonizers

Do you like to sing? Join this happy group and sing for shut-ins, assisted living homes, retirement homes, etc. The Harmonizers meet one day a week for one hour with a trained director at Mack Love and sing songs familiar to everyone. This is a great chance to practice your singing, socialize with a neat group of folks, and bring joy to others. If interested, please let one of us know at the front desk, and we will pass along the information.



### Summer Open House, June 25

(con't from page 1)

people, the variety of programming, and the great camaraderie we all have here. Meet the instructors and find out about all of the great classes for Summer. We'll also be doing some grilling, weather permitting. Valencia may also be here with her fruit and vegetable stand, weather permitting. Don't miss a great way to spend an afternoon. We look forward to having you, your family and friends with us.

### Atlanta Sacred Chorale Concert, June 4

The final concert of the season, entitled *Tune My Heart* is on Saturday, June 4. Group rate tickets of \$10 per person are available for advance purchase; however, you will need to do so no later than Friday, June 3. To reserve your seats and for more information, please call (404) 915-4541 and mention that you are with Senior Connections.

### What's New with the Mack Love Travel Club

There are two Beltline trips just around the corner; of which there is one spot left for the trip on June 24 and a few spaces still open for the trip on July 15. Stay tuned to *The Adventurer* for further information on trips around Atlanta; like the Center for Puppetry Arts, a guided tour of Buckhead, including the Swan House, Tullie Smith House and the Swan Coach House, and Christmas at Callenwalde.

### Still A Few Spaces

**Available for July Beltline Tour**  
The next Beltline Tour is July 15. There's still time to reserve your seat; but don't delay. Sign up today and you won't miss out on a

great day!

### Scholarships Now Available

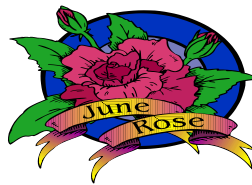
Thanks to the generosity of the Ida Alice Ryan Charitable Trust, Senior Connections can now offer tuition scholarships to seniors taking classes with *Adventures in Learning* based on income and other guidelines. To learn more about available scholarships, please talk to Jerome or Larrie.

### Thank You!

Thank you to Lorraine Furst for her kindness in donating a card table and some great games to the Mack Love Building for everyone to enjoy. We appreciate you, Lorraine!

### Mack Love Wish List

Please remember that if you would like to make a donation to Mack Love, we would love some gently used (or new) bookshelves, tables and chairs for the library, and some more card tables for our classes. Thank you so much for anything that you can donate. We deeply appreciate it!



Thanks for our sponsors:



D.K. LIPPY  
CONSTRUCTION CO.



PERSONAL CARE  
Serving Older Adults Since 1980



GREAT OAK  
MORTGAGE CORPORATION

### Health & Wellness Programs



To schedule an appointment today, or for more information, call 404-321-6960

Massage Therapist, Laurie Findlay

Reflexologist, Monika Hamilton

Mobile Day Spa, Vanessa Platt, 770-855-0421

Reiki, Patricia Garrett, (770) 498-1182

Gift Certificates Available

#### Reflexology

1st & 3rd Mon. 11:00 - 4:00 p.m.

Wed. 11:00 a.m. - 4:00 p.m.

\$50 for one hour.

#### Facials, Manicures & Pedicures

Fridays 9:00 am—1:00 pm

Call (770) 855-0421 for appointment

#### Massage Therapy

2nd & 4th Mondays

9:15 am - 12:15 pm

Tuesdays 9:15 a.m. - 4:30 p.m.

\$25 for 30 min; \$50 per hour

#### Reiki

2nd & 4th Mondays

1:00 pm—4:00 pm

\$25 for 30 min; \$50 per hour