



The Adventurer



Weekly News About the Programs of Senior Connections' Mack Love Building

Adventures In Learning

Happy Cinco de Mayo! Did everyone get out their sombreros and mariachis to celebrate? It's been another jam-packed, fun week here at the Mack Love Building. Welcome, and as always, we are so glad that you are here!

Terrific Thursdays

9:30 am—10:30 am

All The Children: The Three Desert Religions

Or

Wii Class

10:45 am—11:45 am

Great American Music: Broadway Musicals

Or

Alexander the Great to Herod the Great

12:00 pm—1:00 pm

Lunch Program for May 6

There will not be a speaker for today. So in lieu of a speaker, we are having a picnic lunch! Spring time and a picnic lunch always go together.

Lunch Program for May 13

The speaker for next week is to be announced. We are looking to make next week's lunch a brown bag, bring your own type of lunch. Hey! If you still have your really neat, classic lunch box, bring your lunch in that. We can compare the classics!

Picnic Lunch Today at Mack Love

If you're part of the Terrific Thursdays program and have

signed up for the lunch program, come on out and enjoy a good old fashioned picnic lunch—hot dogs, baked beans, chili and coleslaw. It promises to be a yummy, fun afternoon! Free will donations are accepted.

Sponsors Needed for Lunch Program

We are looking for possible sponsors for the lunch programs for the last two lunch programs in the month of May. If you know of anyone or any group that would like to sponsor one of these lunch programs that are still available, please have them contact Natasa Bilec as soon as possible. We appreciate your help!

Upcoming Travel-Aires Trip to Chateau Elan

As always, the trip for Chateau Elan is one of the most popular trips by Travel-Aires. The trip on June 7 is no exception. If you are interested in taking this trip, there are only 5 spots left. If you want to make sure you have a reserved spot and don't get left out of this fun day, call Gail Shattah ASAP to make your reservation. Once this trip is full, we won't be able to take

anymore. So don't miss out and call Gail today!

Date Change for Online Banking Class

The original date for this well attended class held at Brookhaven Bank has been changed to Thursday, June 10 from 11:00 am—12:00 pm. The original date was Thursday, May 27. The location will remain the same at 2987 Clairmont Road, Suite 150, Atlanta, GA 30329. If interested in taking this extremely helpful, informative class, you still have time to enroll and not miss this great opportunity.

Travel-Aires



Upcoming Trips:

Matisse at Oglethorpe University, 5/4, \$15

Chateau Elan/Mayfield Dairy, 6/7, \$30

For further information about our trips and membership, call Gail Shattah, Travel-Aires, at 404-321-6960. If you have not traveled with us yet, come join us! Annual membership is \$25.

Mack Love Building

Living and Learning for Life!

1340 McConnell Drive

Decatur, GA 30033

404-321-6960

www.seniorconnectionsatl.org

Senior Connections' mission is to maximize independence for seniors through advocacy, information and services.

Coming to the Mack Love Center!!

Don't miss the First Annual Technology Fair for Seniors on May 15. Join us from 11:00 am—2:00 pm and discover your way into digital photography, online banking, the library, genealogy, web book and laptop computing, desktop computing, exercising with Wii and much more. Lunch will be served. There is no cost for this terrific event; so bring yourself and bring your friends. Come one, come all. Technology is at your fingertips. All you need to do is show up so you can learn how to use it.

Special Visitor for This Week's Terrific Thursday

There is a special election for Georgia Senate District 42 on May 11 to fill the seat vacated by David Adelman following his resignation to become US Ambassador to the Republic of Singapore. One of the candidates, Jason Carter, has approached Senior Connections to introduce himself to you, and we have arranged for him to come to our Terrific Thursday class on May 6. He will not be speaking but joining some of our classes just to meet you and answer any questions that you may have about his platform. As Senior Connections is not backing any of the four candidates, we will be providing platform information on all four gentlemen, Jason Carter, Steve Patrick, David Montane and Tom Stubbs on our new "Advocacy Corner" table in the reception area.

The North Druid Hills Homeowners Association also hosted a forum on May 2 at 8:00 pm that was held at Congregation Beth Jacob, 1855 LaVista Road, NE, Atlanta, GA 30329. All four candidates were to have participated.

New Website for Senior Connections

Senior Connections has a got a great new website! To view the changes check us out, the new address is www.seniorconnectionsatl.org. Bookmark it as one of your favorites and keep current on what's happening.

Used Men's Ties Needed for the Quilters

If you have any ties around your house that you no longer wear, the quilters are in need of them for their beautiful work. Feel free to donate them to us at the front desk, and we'll make sure that the quilters benefit by your wonderful generosity. Thank you!

Megan's Grandmother

Megan's grandmother passed away, yesterday, May 4. We are saddened for the loss to Megan and her family. Our thoughts and prayers go out to them. If you wish to express your condolences, cards can be sent here, and we will make sure Megan gets them.



Thanks for our sponsors:



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Health & Wellness Programs



To schedule an appointment today, or for more information, call 404-321-6960

Massage Therapist, Laurie Findlay

Reflexologist, Monika Hamilton

Mobile Day Spa, Vanessa Platt, 770-855-0421

Reiki, Patricia Garrett, (770) 498-1182

Gift Certificates Available

Reflexology

1st & 3rd Mon. 11:00 - 4:00 p.m.

Wed. 11:00 a.m. - 4:00 p.m.

\$50 for one hour.

Facials, Manicures & Pedicures

Thursdays 10:00 am—4:00 pm

Fridays 9:00 am—1:00 pm

Call 770-855-0421 for appointment

Massage Therapy

2nd & 4th Mondays

9:15 am - 12:15 pm

Tuesdays 9:15 a.m. - 4:30 p.m.

\$25 for 30 min; \$50 per hour

Reiki

2nd & 4th Mondays

1:00 pm—4:00 pm

\$25 for 30 min; \$50 per hour