



# The Adventurer



Weekly News About Life Enrichment, a Program of Senior Connections

## Adventures In Learning

Welcome to the Spring Quarter of Adventures in Learning here at Life Enrichment! We are excited about having everyone back and welcome all newcomers. The weather has been absolutely gorgeous and such a wonderful way to kick off our first week of classes. We hope that everyone had a happy Pass-over and a happy Easter, and ready to start up the Spring session. Here's what's going on this week:

### Terrific Thursdays

9:30 am—10:30 am

All The Children: The Three Desert Religions

Or

Wii Class

10:45 am—11:45 am

Great American Music: Broadway Musicals

Or

Alexander the Great to Herod the Great

12:00 pm—1:00 pm

*Lunch Program for April 8*

Fiona Hobbs will be our speaker today. Ms. Hobbs is a nationally known speaker and storyteller. She was also Ms. Georgia in 2004. Lunch is complimentary

*Lunch Program for April 15*

To get our mind off of our taxes, the Matt Adler Entertainers will be here performing humorous short skits, one act plays, music, telling jokes and

more. Lunch will be complimentary.

### Sign Up Sheet for Lunch Program

In the past, we have asked that you sign up a week ahead if you plan on participating in the lunch program. This aids us in getting a proper count to make sure we order enough lunches for all attending. We have modified the sign-in sheet to make it easier for everyone this quarter. There is a list at the front desk with all of the names listed alphabetically. The list extends out for the full eight weeks of Terrific Thursdays. If you know how far in advance you will be attending, we ask that you place a "Y" or a Yes by your name for each week. We really appreciate your assistance in helping us out. We also hope that the new list makes things easier for you. You are our first priority, and we will continue to do our best in making your time here the best it can be.

### Volunteer Appreciation Brunch

Senior Connections is sponsoring an appreciation brunch for its volunteers on Saturday,

#### Life Enrichment

*Living and Learning for Life!*

1340 McConnell Drive

Decatur, GA 30033

404-321-6960

[www.srconn.org](http://www.srconn.org)

Senior Connections' mission is to maximize independence for seniors through advocacy, information and services.

April 17 from 11:30 AM—12:30 PM. The event will be held at the main Senior Connections building in Chamblee. You should have received an invitation in the mail. If you have not, please let Heather Balom and Megan Moulding know ASAP. This is for ALL volunteers and we want everyone to come if possible. To RSVP, please contact Heather either by email at [hvbalom@srconn.org](mailto:hvbalom@srconn.org) or by phone at (770) 216-2574. We hope to see all of our volunteers at the Appreciation Brunch.

## Travel-Aires



### Upcoming Trips:

Springtime in Dahlenega, 4/20, \$48

Diana, A Celebration, 4/28, \$25

Matisse at Oglethorpe University, 5/4, \$15

For further information about our trips and membership, call Gail Shattah, Travel-Aires, at 404-321-6960. If you have not traveled with us yet, come join us! Annual membership is \$25.

**Last Chance to Sign Up—Diana, A Celebration**

If you are still interested in traveling with Travel-Aires to see Diana, A Celebration on April 28, you need to sign up by next Tuesday, April 13. Gail needs to order the tickets and get the transportation lined up no later than that date. Don't miss what is sure to be an absolutely beautiful exhibit. Sign up today!

**New Registration Process**

A huge thank you to all of you for making this new registration process such a success. We hope that the everything has been easier for you; especially the enrollment part when you arrive for the day of your classes.

**Interested in Being an Instructor?**

We are looking for instructors for our Summer session. If you or anyone you know is interested in becoming one of our instructors here at the Mack Love building, starting with the Summer session, the time to sign up is now. For more information, contact Natasa Bilic at (404) 321-6960 or by email at nbilic@srconn.org. The cutoff date is Wednesday, April 14.

**2010 Senior Olympics**

DeKalb County Parks & Recreation is sponsoring this year's 2010 Senior Olympics. The events will be held from May 10—20, 2010. The fee is \$10 per person (fee includes 2 sports and souvenir shirt). The deadline to register is April 19, 2010. To download an application, go to [www.yourdekalb.com/parks](http://www.yourdekalb.com/parks) or for more information, call (404) 371-2990.

**Lunch Program for April 22**

The ever popular Harmonizers will be entertaining us during our Lunch Program on April 22, 2009. Due to the special programming, there will be a charge of \$6 per person for lunch. If you are interested in attending, please reserve your spot by checking your name on the sign in sheet and enrolling with your \$6 as soon as possible. We want to make sure that we have enough lunches for everyone. Please RSVP by Friday, April 16. Thank you!

**2nd Annual Senior Prom**

Join us as Senior Connections hosts the 2nd Annual Senior Prom on May 22. This year it will be held at Agnes Scott College. Doors open at 6:30 pm. It will be a night of elegance, dinner and dancing to celebrate the work of Senior Connections and to honor former Decatur Mayor Elizabeth Wilson. Tickets are \$125/couple or \$75/individual\*. To RSVP please contact Jeff Upshaw at [jupshaw@srconn.org](mailto:jupshaw@srconn.org) or (770) 455-7602, x315. (\*Dinner and drinks are included in the price of the ticket.) Black tie optional.



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Reflexologist, Monika Hamilton

Mobile Day Spa, Vanessa Platt, 770-855-0421

Reiki, Patricia Garrett, (770) 498-1182

Gift Certificates Available

**Reflexology**

1st & 3rd Mon. 11:00 - 4:00 p.m.

Wed. 11:00 a.m. - 4:00 p.m.

\$50 for one hour.

**Facials, Manicures & Pedicures**

Thursdays 10:00 am—4:00 pm

Fridays 9:00 am—1:00 pm

Call 770-855-0421 for appointment

**Massage Therapy**

2nd & 4th Mondays

9:15 am - 12:15 pm

Tuesdays 9:15 a.m. - 4:30 p.m.

\$25 for 30 min; \$50 per hour

**Reiki**

2nd & 4th Mondays

1:00 pm—4:00 pm

\$25 for 30 min; \$50 per hour