



# The Adventurer



Weekly News About the Programs of Senior Connections' Mack Love Building

## Adventures In Learning

The Summer Quarter is off to a rousing start, and we hope you are having as much fun and as excited about it as we are. It's also time for Terrific Thursdays to start this week. Here we go and here's what is happening this week.

### Terrific Thursdays

Here's how the lineup goes for the one hour courses. Remember that we also offer the two hour courses from 9:30 am—11:30 am and from 1:15—3:30 pm. Please consult your catalog for further details.

9:30 am—10:30 am

Wii Class

Or

Great American Bestsellers:  
The Books That Shaped  
America

10:45 am—11:45 am

Smart Financial Decisions For  
You And For Your Family

Or

Nutrition Issues With Gwyneth

12:00 pm—1:00 pm

*Lunch Program for July 15*

Our first speaker for this week's lunch program will be Orthopedic Surgeon, Dr. Scott Barbour of DeKalb Medical. His topic is "Hip Pain". Lunch is sponsored and will be complimentary.



DeKalb Medical

*Lunch Program for July 22*  
Next week's program will be

comprised of entertainment by Nell McCuen who share will with us the melodic sounds of a hammered dulcimer.

### Office to Close Early Thursday, July 15

The office will be closing early at 2:45 pm this Thursday for a mandatory staff meeting. All staff are required to be present, which means we will be leaving and locking the doors at that time. We apologize for the inconvenience. All will be back to normal the following Thursday.

### Date Change— Strength Training For Seniors

One of our very favorite and long-time instructors, Earline Caudell, will be going into the hospital. Therefore, her class, Strength Training for Seniors (series 4060), originally scheduled to start on Tuesday, July 13, running through August 17 is changed to the following dates. The new start date is now Tuesday, July 27, and will run through August 31. The one good thing about this change is that if you thought you missed out on taking this class, here is the opportunity! There is no change in the series

#### Mack Love Building

*Living and Learning for Life!*

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Senior Connections' mission is to maximize independence for seniors through advocacy, information and services.

4061 that starts on August 24. Our prayers and best wishes go out to our dear friend, Earline. We wish her a speedy healing and recovery!

### Special Travel-Aires Presentation

Come join Gail Shattah, next Wednesday, July 21, as she hosts Colette Vacations. They will be previewing Shades of Ireland as they get us ready to travel in 2011. Come and view the beauty of Ireland and see it in a new light. The presentation

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### Travel-Aires



### Upcoming Trips:

Fox Theatre Tour and Lunch,  
7/26, \$18—FULL

Atlanta Concert Band, 8/15,  
\$20

Sites and Sights of Macon,  
8/24, \$50

Historic Covington, 9/14, \$40

For further information about our trips and membership, call Gail Shattah, Travel-Aires, at 404-321-6960. If you have not traveled with us yet, come join us! Annual membership is \$25.