



# HOME DELIVERED MEALS

## *Day One*

MONDAY

- Potato Crusted Polluck (1 each)
- Tartar Sauce (1 pkt)
- Cheddar, Broccoli, and Pasta Shells (1/2 cup)
- Mixed Greens (1/2 cup)
- Oatmeal Cookie w/ Creme (1 each)

## *Day Two*

TUESDAY

- Baked Chicken Slices (4 oz)
- Rotini Noodles (1/2 cup)
- Capri Vegetables (1/2 cup)
- Apple Crisp (1/2 cup)

## *Day Three*

WEDNESDAY

- Turkey Chili (1 cup)
- Sweet Potato Patty (1 each)
- Squash and Onions (1/2 cup)
- Wheat Roll (1 each)
- Mandarin Orange Cup (1 each)

## *Day Four*

THURSDAY

- Beef and Broccoli (1 cup)
- Brown Rice (1/2 cup)
- Green Peas and Pearl Onions (1/2 cup)
- Vanilla Pudding Cup (1 each)

## *Day Five*

FRIDAY

- Baked Ziti (1 cup)
- Cauliflower (1/2 cup)
- Spinach (1/2 cup)
- Strawberry Applesauce Cup (1 each)

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