

## Bruce Street/ East DeKalb (Lithonia) Senior Center- October 2016

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Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>3.</b></p> <p>9:00- SocialHour/LithoniWalkers 9:00-11:00 Counseling w/VNHS 10:00-Body Toning w/Gideon 10:00-Jewelry-class w/Iris 10:00-Michaels (Trip) 11:00- Computer Class w/Tim 12:00-Lunch/Announcements 1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>4.</b></p> <p>9:00-SocialHour/Lithonia Walkers) 9:30-Line Dancing w/ Jan 10:00 - Chair Aerobic 10:00- Looming /Doll Makin/coloring 10:30- Executive Board Meeting 11:00 Sewing Class w/Heard 12:00-Lunch/Announcements 1:00-4:00-Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>5</b></p> <p>9:00-Social Hour/Lithonia Walkers 10:00-Book Study 10:00-Chair Aerobic w/ Jan 10:00- Sign Language Class/Deas 11:00-Arts &amp; Crafts w/ Iris 12:00-Lunch/Announcements 1:00-4:00-Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>6.</b></p> <p>9:00-Social Hour/Lithonia Walkers 10:00- Brain Aerobics 10:00- Looming /Doll Makin /Coloring 10:45- Farmers Market (Trip) 11:00 - All Committees Meetings 11:00-Sewing class w/Craft 12:00-Lunch/ Announcements 1:00-Lithonia Voices 1:00-4:00 - Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>7.</b></p> <p>9:30-Social Hour 10:00-Tai Chi w/ Warren 11:00 Computer Class open 12:00-Lunch/Announcements 1:00-4:00 Computer, Sewing, Fitness and Games Open <b>“Apple Farm Trip”</b></p>



<p style="text-align: right;"><b>10.</b></p> <p>9:00 Social Hour/Lithonia Walkers  9:00-11:00 Counseling w/VNHS  10:00-Body Toning w/Gideon  10:00-Jewelry-class w/Iris  11:00- Computer Class w/Tim  12:00-Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>11</b></p> <p>9:00-Social Hour/Lithonia Walkers  9:30-Line Dancing w/ Jan  10:00 - Chair Aerobic  10:00-Doll Making/ Looming/color  10:45-Site Council Meeting  11:00- Sewing Class w/Heard  12:00-Lunch/Announcements  1:00-Health Talk w/ Beverly  1:00- Lithonia Voices  1:00-4:00 Computer, Sewing Fitness and Games Open</p>	<p style="text-align: right;"><b>12.</b></p> <p>9:00- Social Hour/Lithonia Walkers  10:00 Book Study  10:00- The Comet Lanes(Trip)  10:00-Chair Aerobic w/ Jan  11:00-Arts &amp; Crafts w/ Iris  12:00-Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>13</b></p> <p>9:00-Social Hour/Lithonia Walkers  10:00- Looming /Doll Makin/coloring  10:00- Comm. Johnson (Pres.)  11:00-Sewing class w/Craft  12:00-Lunch/ Announcements  1:00- Lithonia Voices  1:00-4:00 Computer, Sewing, Fitness and Games Open  <b>Hats &amp; Shoes Day!!!</b></p>	<p style="text-align: right;"><b>14.</b></p> <p>9:30-Social Hour  10:00-Tai Chi w/ Warren  11:00 Computer Class open  11:00-Thomas Rest.(Trip)  12:00Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>
<p style="text-align: right;"><b>17.</b></p> <p>9:00 Social Hour/Lithonia Walkers  9:00-11:00 Counseling w/VNHS  10:00-Jewelry-class w/Iris  10:00-Body Toning w/Gideon  10:00-Jewelry-class w/Iris  11:00 Computer Class w/Tim  12:00-Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>18.</b></p> <p>9:00-Social Hour/Lithonia Walkers  9:30-Line Dancing w/ Jan  10:00 - Chair Aerobic  10:00-Intern.Rev.Taxpayer (Pres)  10:00-Doll Making/ Looming/color  10:30- Early Voting-(Trip)  11:00- Sewing Class w/Heard  12:00-Lunch/Announcements  1:00-Nutrition Class w/Megan  1:00-4:00 Computer, Sewing Fitness and Games Open</p>	<p style="text-align: right;"><b>19.</b></p> <p>9:00-Social Hour/Lithonia walkers  10:00-Chair Aerobic w/ Jan  10:00-Book study  11:00-Arts &amp; Crafts w/ Iris  11:30- Lithonia Library (Trip)  12:00-Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>20.</b></p> <p>9:00-Social Hour/LithoniaWalkers  10:00-Looming/DollMakin/coloring  11:00 – BIRTHDAY CELEBRATION  11:00-Sewing class w/Craft  12:00-Lunch/ Announcements  1:00- Lithonia Voices  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>21.</b></p> <p>9:30-Social Hour  10:00-Porter Sanford (Trip)  10:00-Tai Chi w/ Warren  11:00 Computer Class open  12:00Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>



<p style="text-align: right;"><b>24.</b></p> <p>9:00-Social Hour/LithoniaWalkers  9:00-11:00 Counseling w/VNHS  10:00-Body Toning w/Gideon  10:00-Jewelry-class w/Iris  11:00 Computer Class w/Tim  12:00-Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>25.</b></p> <p>9:00-SocialHour/Lithonia Walkers  9:30-Line Dancing w/ Jan  10:00 - Chair Aerobic  10:00-Goodwill-(Trip)  11:00- Aging in Place (Pres.)  11:00- Doll Making/  Looming/color  12:00-Lunch/Announcements  1:00- Lithonia Voices  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>26</b></p> <p>9:00-Social Hour/Lithonia Walkers  10:00-Chair Aerobic w/ Jan  10:00-Book study  10:30-Menu Planning (Trip)  11:00-Arts &amp; Crafts w/ Iris  12:00-Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>27.</b></p> <p>9:00-Social Hour/Lithonia Walkers  10:00- Looming /Doll Makin /Coloring  10-00-SALT  10:00- Sign Language Class Deas  11:00-Sewing class w/Craft  11:00-Bookclub-(Trip)  12:00-Lunch/ Announcements  1:00-Lithonia Voices  1:00-4:00 -Computer, Sewing, Fitness and Games Open</p>	<p style="text-align: right;"><b>28</b></p> <p>9:30-Senior Treat Day!!!  10:00-Tai Chi w/ Warren  11:00 Computer Class open  12:00-Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>
<p style="text-align: right;"><b>31.</b></p> <p>9:00-Socia Hour/LithoniWalkers  9:00-11:00 Counseling w/VNHS  10:00-Body Toning w/Gideon  10:00-Jewelry-class w/Iris  11:00- Computer Class w/Tim  12:00-Lunch/Announcements  1:00-4:00 Computer, Sewing, Fitness and Games Open</p>	<p><b>October Birthdays!!!</b></p> <p><b>Carolyn Holloway-10/2/16      William August-10/12/16****</b>  <b>Annette Walker-10/6/16***      Allene Harper-10/23/16****</b>  <b>Jessie Turner-10/11/16***      Marsha Burton- 10/27/16****</b></p>			

**October 2016 Group Trips:**

**Michaels 10/3/16, Nam Dae Mum Farmers Market 10/6/16, The Comet Lanes 10/12/16, Thomas Buffet 10/14/16, Early Voting 10/18/16, Lithonia Library 10/19/16, Porter Sanford 10/21/16, Goodwill 10/25/16, Menu Planning 10/16/16, Book Club 10/27/16**

